

# Advanced Ho'oponopono

## **CLEANING TOOLS:** Objects

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# Cleaning Tools – Objects Introduction

**Blue solar water-** Drinking solar water is a pure form of saying “I love you”.

An excellent practice is to keep some of this water in a spray bottle. When traveling on a trip, it can be sprayed on the tires of your car. You can also add a drop to your coffee, tea or water bottle, and it is wonderful for plants (and any other way you are inspired to use it.)

The first misconception is that the more water used, the better. This could not be more untrue: a drop of solar water has an equal effect to a gallon of solar water.

# How to Make Blue Solar Water

Here is how to make a special kind of ho'oponopono water that will release memories, Earth bound spirits and entities. Here is how this works.

This is a CLEANING PROCESS. You need is a blue bottle. It can be any kind of bottle. It has to be glass, and of course, it has to be blue. Then you fill it up with water (Tap, filtered or distilled, your choice).

Once full, set the bottle in direct sunlight. The sun comes down and hits the bottle. Now, the sunlight takes all of the toxins out, and any memories that are not correct for you, and it will infuse it with rainbow colors that are perfect for you.

It will make this exchange. The solar sunlight brings down the Source and the Divine. The bottle and water need to be

exposed for a minimum of one hour (and no, leaving it longer does not supercharge it).

## **Apple Cider/Blue Solar Water Mix**

You can combine a high concentration of apple cider and a small amount of your blue solar water.

Place a small drop under your tongue or add it to other foods, or liquids.

These two combinations create a full-spectrum shield that protects people (and all other life forms on our planet, including vegetation in the soil of the earth itself).

It's similar to putting on a spiritual helmet that protects your mind from all thoughts, which means that we are less likely to experience those memories.

## **Down Filled Pillows**

Sleeping or resting your head on a down filled pillow is a cleaning tool that helps to expand our consciousness, and opens our awareness to the constant expansion of our universe.

The down comforts our inner spirit and cleans on the memory that represents the more horrific side of human nature.

It focuses strongly on guilt, depression, resentment and oppression.

Using a down filled pillow also helps comfort our transition when we leave this earthly plane.

**Pencil eraser** – You can use any pencil as long as it has a eraser on the end.

First start by cleansing the pencil: you can do this by holding the pencil and mentally saying “dewdrop”, this only needs to be performed one time.

While mentally saying “dewdrop,” visualize a perfect single drop on the pencil: this will prepare it for cleaning.

Now that the pencil is prepared for use as a cleaning tool, you can either visualize or physically placed the eraser end of the pencil on a problem, situation, object or a specific person.

There are no limitations to its use.



# **Irish Spring Soap, Glass of Water Uncovered**

**Irish Spring soap** – The specific brand Irish Spring soap works as a cleaning tool for use when you are bathing or washing your hands.

It focuses on cleaning on back pains, plastic surgery and menstrual problems.

It is recommended that you clean between your toes, each one, seven times. This will focus on cleaning memory from bottom to top.

**Glass of water uncovered** – Placing a glass of uncovered water in your home or workplace will help clean on memory/data and toxic energies. They will be absorbed into the glass of water to be transmuted.

You will need a drinking glass of any size; it can be clear or colored.

Fill the glass 3/4 full using standard tap water from your faucet. Sprinkle a tiny amount of Arrowhead Brand Blue Cornmeal into the water.

The cornmeal represents an arrow being on target.

This glass can then be placed wherever you would like in your home, workplace or anywhere that you are inspired to place it.

It is important that the water be changed at least twice a day.

If you wish to be more specific about what the glass of water cleans, you can write down the problem that you are

experiencing on a piece of paper, then place that piece of paper underneath the glass of water. The glass will then begin to work on that specific memory.